



# **CDMA Junior Karate Championships**

**Saturday 24<sup>th</sup> April 2010**

**Time: 10:30 – 16:00**

## **Competition Details**

CDMA will be holding their first ever Junior Karate Championships at the White Horse Leisure & Tennis Centre, in Abingdon. The Competition is open to all CDMA students who are younger than 16 years of age and are **orange belt or above**.

Students will have the opportunity to compete in either Kata or Kumite (or both) events. The Categories will be as follows:

### **Kumite**

120cm to 134cm tall

135cm to 149cm tall

150cm and above

Kumite will be Shobu Ippon rules (freestyle sparring) where competitors will win a match by either scoring 1 full point (Ippon) or 2 half points (Wazari). The preliminary round will be a round robin event to ensure competitors will experience more than one fight. Subsequent rounds will be elimination.

### **Kata**

9<sup>th</sup> Kyu to 7<sup>th</sup> Kyu

6<sup>th</sup> Kyu to 4<sup>th</sup> Kyu

3<sup>rd</sup> Kyu and above

Students will need to know all katas prior to their current grade. Students will compete against each other 2 at a time. Points will be awarded for technique, focus, power and precision.

### **Team Kata**

Any 3 students can put together a team. The team should choose 1 - 2 katas to perform on the day. The team will need to perform the same kata as a team, together. Points will be awarded for cohesive timing, technique, strength and power.

## **Costs**

Individual entry - £5 per person (*independent of number of individual events entered*)

Team entry - £10 per team

Spectator Fee - £3 per person

## **Proceeds to be donated to Charity**

Every year the KUGB tries to raise as much money as possible for designated charities, the KUGB this year are supporting CRY and Asthma UK.

CDMA will be donating all proceeds from our Karate Championships to both these charities.

### **CRY – Cardiac Risk in the Young**

This charity provides information and support to those who have lost a family member through an undetected heart condition. In addition, they help provide a screening programme for those at risk and are campaigning for a national screening programme. Members of the KUGB and their families have lost loved ones due to this silent condition.

### **Asthma UK**

Asthma UK funds research into a debilitating condition, which affects many children.

## **How to Enter**

All class Sensei's have competition entry forms for their individual classes.

All students wanting to compete need to enter via their class Sensei **before Sunday 18<sup>th</sup> April.**

Entry fees must be given to class sensei's before this date also.

Spectator fees can be paid on the day.